



**EMMA ELLIOTT**  
CLINIC & TRAINING ACADEMY

**PRE-TREATMENT GUIDELINES FOR LASER HAIR REMOVAL**

Wear loose comfy clothing on the day of your laser treatment.

On the day of your treatment, clean skin using a simple unscented soap and avoid applying any creams or perfumes.

No False Tan on treated areas.

Avoid sun bed/ Sun exposure on treated areas 2 weeks prior to treatment.

Shave 24/48 hours before your Laser treatment.