



EMMA ELLIOTT
CLINIC & TRAINING ACADEMY

LUMI EYES AFTERCARE

IMMEDIATELY AFTER TREATMENT

- Avoid touching or rubbing the treated area
- Do not apply makeup or other products to the area
- Avoid exposure to direct sunlight and heat
- Apply cool compress to reduce swelling and discomfort

FIRST 24 HOURS AFTER TREATMENT

- Do not wet the treated area
- Avoid any exercise or activities
- Do not consume alcohol or caffeine
- Avoid any saunas, hot tubs, or steam rooms

NEXT 2-7 DAYS AFTER TREATMENT

- Avoid direct sunlight or tanning beds
- Wear sunscreen with at least factor SPF 50 when outdoors
- Do not use any harsh or exfoliating skincare products on the treated area
- Do not get facials or chemical peels
- You may get bruising which can last 2-7 days this is perfectly normal