



# EMMA ELLIOTT

CLINIC & TRAINING ACADEMY

## **LASER AFTERCARE**

Book your laser sessions at 6/8 week intervals. Usually 6/10 treatments are needed to be completely hair free and flawless.

Exfoliate once a week after treatment with a gentle cleanser to remove dead hair follicles.

Apply Aloe Vera gel daily and wear SPF on treated areas.

Avoid the gym, steam room, sauna, jacuzzi and swimming pools for at least 48 hours after Laser.

Avoid sun/ sunbeds for 2 weeks after your Laser sessions.